

KINESIOLOGY, ASSOCIATE IN ARTS FOR TRANSFER (AA-T)

Program Goals and Objectives

Must address a valid transfer, workforce preparation, basic skills, civic education, or lifelong learning purpose.

The Associate in Arts in Kinesiology for Transfer (AA-T in Kinesiology) aligns with the Transfer Model Curriculum (TMC) Template in Kinesiology. The transfer degree assists students in seamlessly transferring to a California State University (CSU) campus. Students completing this degree are guaranteed admission to the CSU system and given priority admission consideration to their local CSU campus or to a program that is designated as “similar” to the major.

The proposal must demonstrate a need for a program that meets the stated goals and objectives in the region the college proposes to serve with the program.

Comply with SB 1440 by providing a pathway for students transferring to a CSU in a major deemed similar.

Program Student Learning Outcomes

Program Student Learning Outcomes

Upon completion of this program a student will be able to:

apply the science of kinesiology to understand, appreciate and achieve the maximum benefits provided by physical movement for developing an individual's health and wellness.

Catalog Description

Includes program requirements, prerequisite skills or enrollment limitations, student learning outcomes, and information relevant to program goal.

Students who complete coursework toward an Associate in Arts in Kinesiology for Transfer Degree (AA-T in Kinesiology) will utilize the science of Kinesiology to better understand and explain problems and issues with human movement, fitness, and health. Students will also apply the science of Kinesiology to complete the program outcomes which include the ability to understand, appreciate and achieve the maximum benefits provided by physical movement for the development of an individual's health and wellness

The Associate in Arts in Kinesiology for Transfer (AA-T in Kinesiology) degree is designed to prepare students for CSU transfer to complete a bachelor's degree in Kinesiology or a “similar” major at a CSU campus. For a current list of what majors (and what options or areas of emphasis within that major) have been designated as “similar” to this degree at each CSU campus, please refer to CSU's Associate Degree for Transfer Major and Campus Search (<https://www.calstate.edu/apply/transfer/Pages/associate-degree-for-transfer-major-and-campus-search.aspx>) and seek guidance from a Moorpark College counselor. Students completing this degree are guaranteed admission to the CSU system, although not necessarily to a particular CSU campus or major.

Includes course requirements and sequencing that reflect program goals.

To earn an AA-T in Kinesiology, students must:

1. Complete a minimum of 60 semester or 90 quarter units that are eligible for transfer to the California State University (CSU), including both of the following:
 - a. The Intersegmental General Education Transfer Curriculum (IGETC) or the California State University General Education-Breadth (CSU GE-Breadth) requirements.
 - b. The coursework required for the AA-T in Kinesiology as listed in the Moorpark College catalog.
2. Obtain a minimum grade point average (GPA) of at least 2.0 in all CSU-transferable coursework. While a minimum of 2.0 is required for admission, some transfer institutions and majors may require a higher GPA. Please consult with a counselor for more information.
3. Obtain a grade of “C” or better or “P” in all courses required in the major. Even though a “pass-no-pass” is allowed (Title 5 §55062), it is highly recommended that students complete their major courses with a letter grade (A, B, or C).
4. Complete requirements in residency. For students in the Ventura County Community College District, a minimum of 12 semester units must be completed in residence within the college district.

Students transferring to a CSU campus that accepts the AA-T in Kinesiology will be required to complete no more than 60 units after transfer to earn a bachelor's degree (unless the major is a designated “high-unit” major at a particular campus). This degree may not be the best option for students intending to transfer to a particular CSU campus or to a university or college that is not part of the CSU system. Students should consult with a counselor to obtain more information on university admission and transfer requirements.

Course ID	Title	Units/Hours
REQUIRED CORE		
KIN M01	Introduction to Kinesiology	3
ANAT M01	Human Anatomy	4
PHSO M01 or PHSO M01H	Human Physiology Honors: Human Physiology	4

Units from Movement-Based Courses: minimum 3 units	3-4
Units from LIST A	6-10
Total Units	20-25
Course ID	Title
Movement-Based Courses: minimum of 3 semester units	Units/Hours
Select one course maximum from any three of the following areas:	
Dance	
DANC M10A	Ballet I-Fundamentals
DANC M10B	Ballet II - Beginning
DANC M11A	Jazz Dance I - Fundamentals
DANC M11B	Jazz Dance II - Beginning
DANC M12A	Modern Dance I - Fundamentals
DANC M12B	Modern Dance II - Beginning
DANC M13A	Tap I - Fundamentals
DANC M13B	Tap II - Beginning
DANC M16A	Hip Hop 1 - Fundamentals
DANC M17	Musical Theater Dance
DANC M30A	Theory and Practice of Social Dance Forms: Ballroom Dance I
DANC M30B	Theory and Practice of Social Dance Forms: Ballroom Dance II
Fitness	
DANC M19A	Conditioning Dance: Pilates I
DANC M19B	Conditioning Dance: Pilates II
KIN M23	Walking for Fitness
KIN M24	Running for Fitness and Conditioning
KIN M31	Body Conditioning/Fitness
KIN M32	Body Conditioning/Free Weights
KIN M33	Power Lifting/Free Weights
KIN M34	Body Conditioning Boot Camp
KIN M40	Cardio Step and Sculpt
KIN M42	Aerobic Dance Fitness
KIN M43	Cardio Kickboxing
KIN M50	Pilates Mat
KIN M51	Core Stability and Stretch
KIN M52	Core Fitness with Cardio
KIN M54	Yoga
Individual Sports	
KIN M53	T'ai Chi
KIN M71	Golf
KIN M72	Tennis
Team Sports	
KIN M82	Basketball
KIN M84	Soccer
KIN M85	Softball
KIN M87	Volleyball
Course ID	Title
LIST A: Select two courses from two of the following	Units/Hours
MATH M15 or MATH M15H or PSY M125 or SOC M125	Introductory Statistics Honors: Introductory Statistics Statistics for the Behavioral and Social Sciences Statistics for the Behavioral and Social Sciences
BIOL M16 & M16L	Human Biology and Human Biology Lab
CHEM M01A or CHEM M01AH or CHEM M11 or CHEM M12	General Chemistry I Honors: General Chemistry I Foundations of General, Organic, and Biochemistry Introductory Chemistry I

or CHEM M13	Introductory Chemistry II	
HED M05	First Aid, CPR, AED & Emergency Procedures	3
HED M22	Personal Health and Wellness	3
PHYS M10A & M10AL	General Physics I and General Physics I Lab	4, 1
OR		
PHYS M20A & M20AL	Mechanics of Solids and Fluids and Mechanics of Solids and Fluids Laboratory	
PSY M01 or PSY M01H	Introduction to Psychology Honors: Introduction to Psychology	3
SOC M110 or SOC M110H	Introduction to Sociology Honors: Introduction to Sociology	3
Total Units for the Major		20 - 25
CSU General Education Breadth		39
Double-Counted Units		6 - 11
Electives to meet 60 CSU Units		2 - 12
IGETC Pattern		37
NOTE: IGETC 1C is required for all CSU applicants. Students applying to a UC or Private school may earn this ADT without IGETC 1C but will be ineligible to apply to a CSU.		
Double-Counted Units		4 - 10
Electives to meet 60 CSU Units		2 - 13
Total Units Required for the AA-T Degree		60

Plan of Study

Includes a list of courses organized by the suggested semester a student should enroll. Make sure to align the plan of study with when courses are typically offered.

N/A