

## Health Education for Moorpark College 2024 - 2025

C-ID (if applicable)	Moorpark College Health Education Courses	Oxnard College Comparable Course	Ventura College Comparable Course
	HED M01 Health and Society (2 units)	HED R101 (3 units)	No comparable course
	HED M03 Nutrition, Fitness, and Stress Management (3 units)	HED R102 (3 units)	HED V03 (3 units)
KIN 101	HED M05 First Aid, CPR, AED & Emergency Procedures (3 units)	HED R105 (3 units)	KIN V80 (3 units)
	HED M07 Personal Health (3 units)	HED R104 (3 units)	HED V01 (3 units)
	HED M80 Internship in Health Education (1 to 4 units)	No comparable course	No comparable course
	HED M122 Independent Study - Health Education (0.5 to 3 units)	No comparable course	No comparable course