PUBLIC HEALTH, ASSOCIATE IN SCIENCE FOR TRANSFER (AS-T)

Program Goals and Objectives

The Public Health Transfer degree offers students an opportunity to enrich their education with an emphasis on improved health as well as prepare students for transfer to bachelor's degree programs in Public Health, Health Science, Health Science with Health Education option, Health Science with Public Health option, Health Science with Community Health option, Health Science with Health Promotion & Disease Prevention, Health Education, Public Health, Public Health Promotion, Kinesiology with Health Education, Kinesiology with Health Science option, Kinesiology with Health and Wellness Promotion, Kinesiology with Health Promotion and Disease Prevention and Collaborative Health and Human Services with Community Health option.

Typical employment opportunities in the field are in areas of gerontology, health promotion, hospitals/health care facilities, community and public health programs, public and private health, and human services agencies (city, county, state, and national), long-term care facilities, diabetes education programs, occupational health, industrial hygiene, and professional consulting organizations.

Program Objectives:

Enhance one's own personal health Prepare students for transfer to Public Health programs at a CSU campus Discover employment opportunities within the Public Health field Identify strategies to reduce the risk and spread of infectious diseases

The Associate in Science in Public Health Transfer degree is intended for students who plan to complete a bachelor's degree in a "similar" major at a CSU campus. Students completing the degree are guaranteed admission to the CSU system, but not to a particular campus or major.

The proposal must demonstrate a need for a program that meets the stated goals and objectives in the region the college proposes to serve with the program.

The Health and Wellness Area of Interest Team for Guided Pathways determined that this degree would provide students with an opportunity to earn an ADT degree and transfer to a Public Health program. Upon graduation from a University, students will be able to gain employment earning a living wage in the field of public health.

Program Student Learning Outcomes

Upon completion of this program a student will be able to:

- > apply the multidimensional approach of public health sciences.
- > dentify proactive factors for disease prevention and risk factors for disease and disability.
- > apply behavior-changing techniques to maximize health and wellness.
- > apply the concepts of research, program planning, and evaluation strategies.

Catalog Description

The Associate in Sciences in Public Health Transfer Degree (AS-T in Public Health) provides preparation for students interested in careers in public health. Typical employment opportunities in the field are in areas of gerontology, health promotion, hospitals/health care facilities, community and public health programs, public and private health, and human services agencies (city, county, state, and national), long-term care facilities, diabetes education programs, occupational health, industrial hygiene, and professional consulting organizations.

The Associate in Sciences in Public Health Transfer Degree (AS-T in Public Health) is intended for students who plan to complete a bachelor's degree in Public Health, Health Science with Health Education option, Health Science with Public Health option, Health Science with Community Health option, Health Science with Health Promotion & Disease Prevention, Health Education, Public Health, Public Health Promotion, Kinesiology with Health Education, Kinesiology with Health Science option, Kinesiology with Health and Wellness Promotion, Kinesiology with Health Promotion and Disease Prevention and Collaborative Health and Human Services with Community Health option or a "similar" major at a CSU campus. Students completing the degree are guaranteed admission to the CSU system, but not to a particular campus or major. Each CSU campus determines which of the degrees it offers are "similar" and can be completed with the preparation included in the AS-T in Public Health within 60 units once a student transfers, so which majors are "similar" varies from CSU to CSU. For a current list of what majors (and what options or areas of emphasis within that major) have been designated as "similar" to this degree at each CSU campus, please refer to CSU's Associate Degree for Transfer Major and Campus Search (https://www.calstate.edu/apply/transfer/Pages/associate-degree-for-transfer-major-and-campus-search.aspx) and seek guidance from a Moorpark College counselor. The AS-T in Public Health may not be the best option for students intending to transfer to a particular CSU campus or to a college or university that is not part of the CSU system.

To earn an AS-T in Public Health, students must:

- 1. Complete 60 semester or 90 quarter units that are eligible for transfer to the California State University, including both of the following:
 - a. The Intersegmental General Education Transfer Curriculum (IGETC) or the California State University General Education-Breadth (CSU GE-Breadth) requirements
 - b. The required coursework for the AS-T in Public Health as listed in the Moorpark College catalog.
- 2. Obtain a minimum grade point average (GPA) of at least 2.0 in all CSU-transferable coursework. While a minimum of 2.0 is required for admission, some transfer institutions and majors may require a higher GPA. Please consult with a counselor for more information.
- 3. Obtain a grade of "C" or better or "P" in all courses required in the major. Even though a "pass-no-pass" is allowed (Title 5 §55062), it is highly recommended that students complete their major courses with a letter grade (A, B, or C).
- 4. Complete requirements in residency. For students in the Ventura County Community College District, a minimum of 12 semester units must be completed in residence within the college district.

Students transferring to a CSU campus that accepts the AS-T in Public Health degree will be required to complete no more than 60 units after transfer to earn a bachelor's degree (unless the major is a designated "high-unit" major at a particular campus). This degree may not be the best option for students intending to transfer to a particular CSU campus or to a university or college that is not part of the CSU system. Students should consult with a counselor when planning to complete the degree for more information on university admission and transfer requirements.

| Course ID | Title | Units/Hours | |
|---|---|-------------|--|
| REQUIRED CORE (13-15 units): Complete the following courses | | | |
| HED M20 | Introduction to Public Health | 3 | |
| HED M22 | Personal Health and Wellness | 3 | |
| One Statistics Course | | | |
| MATH M15 | Introductory Statistics | 4 | |
| MATH M15H | Honors: Introductory Statistics | 4 | |
| PSY M125 | Statistics for the Behavioral and Social Sciences | 3 | |
| SOC M125 | Statistics for the Behavioral and Social Sciences | 3 | |
| One or two Biology Course(s) | | | |
| BIOL M01 | Introduction to Biology | 4 | |
| BIOL M02A | General Biology I | 5 | |
| BIOL M02AH | Honors: General Biology I | 5 | |
| BIOL M16 | Human Biology (and) | 3 | |
| BIOL M16L | Human Biology Lab | 1 | |
| LIST A: One of the following | | | |
| ANAT M01 | Human Anatomy | 4 | |
| CHEM M12 | Introductory Chemistry I | 4 | |
| CHEM M01A | General Chemistry I | 5 | |
| CHEM M01AH | Honors: General Chemistry I | 5 | |
| MICR M01 | General Microbiology | 5 | |
| PHSO M01 | Human Physiology | 4 | |
| PHSO M01H | Honors: Human Physiology | 4 | |
| LIST B: One Course | | | |
| HED M21 | Social Determinants of Health, Disparities and Equities | 3 | |
| LIST C: One of the following | | | |
| HED M05 | First Aid, CPR, AED & Emergency Procedures | 3 | |
| KIN M01 | Introduction to Kinesiology | 3 | |
| NTS M01 | Introduction to Nutrition Science | 3 | |
| PSY M01 | Introduction to Psychology | 3 | |
| PSY M01H | Honors: Introduction to Psychology | 3 | |
| PSY M07 | Developmental Psychology (Lifespan) | 3 | |
| PSY M13 | Human Sexuality | 3 | |
| SOC M110 | Introduction to Sociology | 3 | |
| SOC M110H | Honors: Introduction to Sociology | 3 | |
| Total Units for the Major | | 23 - 26 | |
| | | _5 _20 | |

| CSU GE-Breadth | 39 |
|---|---------|
| Double-Counted Units | 10 - 13 |
| Electives Units to meet 60 CSU transferable | 5 - 11 |
| IGETC Pattern | 37 |
| Note: IGETC Area 1C is required for all CSU applicants. Students applying to a UC or private school may earn this ADT without IGETC Area 1C but will be ineligible to apply to a CSU. | |
| Double-Counted Units | 10 - 13 |
| Electives Units to meet 60 CSU transferable | 7 - 13 |
| Total Units Required for AS-T Degree | 60 |

State Approved: 7/18/2024