

Transfer Model Curriculum (TMC) Template for Kinesiology

CCC Major or Area of Emphasis: Kinesiology

TOP Code: 127000

CSU Major(s): Kinesiology

Total Units: 20 (all units are minimum semester units)

Template # 1008

Rev. 6: 09/01/22

In the four columns to the right under the **College Program Requirements**, enter the college's course identifier, title and the number of units comparable to the course indicated for the TMC. If the course may be double-counted with either CSU-GE or IGETC, enter the GE Area to which the course is articulated. To review the GE Areas and associated unit requirements, please go to Chancellor's Office Academic Affairs page, RESOURCE section located at:

<http://extranet.cccco.edu/Divisions/AcademicAffairs/CurriculumandInstructionUnit/TransferModelCurriculum.aspx>

or the ASSIST website:

http://web1.assist.org/web-assist/help/help-csu_ge.html.

The units indicated in the template are the **minimum** semester units required for the prescribed course or list. All courses must be CSU transferable. **All courses with an identified C-ID Descriptor must be submitted to C-ID prior to submission of the Associate Degree for Transfer (ADT) proposal to the Chancellor's Office.**

Where no **C-ID Descriptor** is indicated, discipline faculty should compare their existing course to the example course(s) provided in the TMC at:

<http://www.c-id.net/degreereview.html>

Attach the appropriate ASSIST documentation as follows:

- *Articulation Agreement by Major (AAM)* demonstrating lower division preparation in the major at a CSU;
- *CSU Baccalaureate Level Course List by Department (BCT)* for the transfer courses; and/or,
- *CSU GE Certification Course List by Area (GECC)*.

The acronyms **AAM**, **BCT**, and **GECC** will appear in **C-ID Descriptor** column directly next to the course to indicate which report will need to be attached to the proposal to support the course's inclusion in the transfer degree. To access ASSIST, please go to <http://www.assist.org>.

Associate in Arts in Kinesiology for Transfer Degree						
College Name: Moorpark						
TRANSFER MODEL CURRICULUM (TMC)			COLLEGE PROGRAM REQUIREMENTS			
Course Title (units)	C-ID Descriptor	Course ID	Course Title	Units	GE Area	
					CSU	IGETC
REQUIRED CORE: (14 units)						
Introduction to Kinesiology (3)	KIN 100	KIN M01	Introduction to Kinesiology	3		

TRANSFER MODEL CURRICULUM (TMC)		COLLEGE PROGRAM REQUIREMENTS			
Course Title (units)	C-ID Descriptor	Course ID	Course Title	Units	GE Area CSU IGETC
Human Anatomy with Lab (4) AND Human Physiology with Lab (4) OR Human Anatomy and Physiology with Lab (8)	BIOL 110B AND BIOL 120B OR BIOL 115S	ANAT M01 & PHSO M01 OR PHSO M01H	Human Anatomy AND Human Physiology OR Honors: Human Physiology	4 4 4	B2, 5B, B3 5C B2, 5B, B3 5C B2, 5B, B3 5C
Movement-Based Courses (3 unit minimum) Select one course maximum from any three of the following areas:					
Area 1: Aquatics	AAM				
Area 2: Combatives	AAM				
Area 3: Dance	AAM	DANC M10A DANC M10B DANC M11A DANC M11B DANC M12A DANC M12B DANC M13A DANC M13B DANC M16A DANC M17 DANC M30A DANC M30B	Ballet I - Fundamentals Ballet II - Beginning Jazz Dance I - Fundamentals Jazz Dance II - Beginning Modern Dance I - Fundamentals Modern Dance II - Beginning Tap I - Fundamentals Tap II - Beginning Hip Hop I - Fundamentals Musical Theater Dance Theory and Practice of Social Dance Forms: Ballroom Dance I Theory and Practice of Social Dance Forms: Ballroom I Theory and Practice of Social Dance Forms: Ballroom II	2 2 2 2 2 2 2 2 1.5 1.5 1.5 .5-2 1.5 1.5	E E E E E E E E E E E E E E

TRANSFER MODEL CURRICULUM (TMC)		COLLEGE PROGRAM REQUIREMENTS				
Course Title (units)	C-ID Descriptor	Course ID	Course Title	Units	GE Area	
					CSU	IGETC
Area 4: Fitness	AAM	DANC M19A	Conditioning for Dance: Pilates I	2	E	
		DANC M19B	Conditioning for Dance: Pilates II	2	E	
		KIN M23	Walking for Fitness	1	E	
		KIN M24	Running for Fitness and	1	E	
		KIN M31	Conditioning	1	E	
		KIN M32	Body Conditioning/Fitness	1	E	
		KIN M33	Body Conditioning/Free Weights	1	E	
		KIN M34	Power Lifting/Free Weights	1	E	
		KIN M40	Body Conditioning Boot Camp	1	E	
		KIN M42	Cardio Step and Sculpt	1	E	
		KIN M43	Aerobic Dance Fitness	1	E	
		KIN M50	Cardio Kickboxing	1	E	
		KIN M51	Pilates Mat	1	E	
		KIN M52	Core Stability and Stretch	1	E	
		KIN M54	Core Fitness with Cardio Yoga	1 1	E E	
Area 5: Individual Sports	AAM	KIN M53	T'ai Chi	1	E	
		KIN M71	Golf	1	E	
		KIN M72	Tennis	1	E	
Area 6: Team Sports	AAM	KIN M82	Basketball	1	E	
		KIN M84	Soccer	1	E	
		KIN M85	Softball	1	E	
		KIN M87	Volleyball	1	E	
LIST A: Select two (6 units)						
Introduction to Statistics (3) OR Introduction to Statistics in Sociology (3)	MATH 110 OR SOC 125	MATH M15	Introductory Statistics	4	B4	2
		MATH M15H	Honors: Introductory Statistics	4	B4	2
		PSY M125	Beginning Statistics for Behavioral Science	3	B4	2
		SOC M125	Statistics for the Behavioral and Social Sciences	3	B4	2

TRANSFER MODEL CURRICULUM (TMC)		COLLEGE PROGRAM REQUIREMENTS				
Course Title (units)	C-ID Descriptor	Course ID	Course Title	Units	GE Area	
					CSU	IGETC
Human Biology (4)	<i>AAM</i>	BIOL M16 & BIOL M16L	Human Biology & Human Biology Lab	3 1	B2 B3	5B 5C
Survey of General, Organic, and Biological Chemistry (5) OR General Chemistry for Science Majors I with Lab (5)	<i>AAM</i> OR CHEM 110	CHEM M01A	General Chemistry I	5	B1, B3	5A 5C
		CHEM M01AH	Honors: General Chemistry I	5	B1, B3	5A 5C
		CHEM M11	Foundations of General, Organic, and Biochemistry	5	B1, B3	5A 5C
		CHEM M12	Introductory Chemistry	4	B1, B3	5A 5C
		CHEM M13	Introductory Chemistry II	5	B1, B3	5A 5C
Algebra/Trigonometry-Based Physics A (4) OR Calculus-Based Physics for Scientists and Engineers: A (4)	PHYS 105 OR PHYS 205	PHYS M10A & PHYS M10AL	General Physics I & General Physics Lab	4 1	B1 B3	5A 5C
		OR PHYS M20A & M20AL	OR Mechanics of Solids and Fluids & Mechanics of Solids and Fluids Lab	5	B1, B3	5A, 5C
First Aid and CPR (3)	KIN 101	HED M05	CPR, AED, First Aid, and Personal Safety	3	E	

TRANSFER MODEL CURRICULUM (TMC)		COLLEGE PROGRAM REQUIREMENTS				
Course Title (units)	C-ID Descriptor	Course ID	Course Title	Units	GE Area	
					CSU	IGETC
Introduction to Psychology OR Introduction to Sociology	PSYCH 110 OR SOC 110	PSY M01	General Psychology	3	D, E	4
		PSY M01H	Honors: General Psychology	3	D	4
		SOC M110	Introduction to Sociology	3	D	4
		SOC M110H	Honors: Introduction to Sociology	3	D	4
Personal Health & Wellness	PHS 100	HED M07	Personal Health and Wellness	3	E	
Total Units for the Major:	20	Total Units for the Major:		19-25		
Total Units that may be double-counted <i>(The transfer GE Area limits must <u>not</u> be exceeded)</i>					6-11	4-10
General Education (CSU-GE or IGETC) Units					39	37
Elective (CSU Transferable) Units					2-13	2-14
Total Degree Units (maximum)					60	